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PECUNIA Resource Use Measurement (PECUNIA RUM) Instrument

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The PECUNIA RUM is the result of research by the PECUNIA Consortium, a European multi-centre project funded by the European Union's Horizon 2020 research and innovation programme under grant agreement No 779292.

PECUNIA

Resource Use Measurement (RUM)

Instrument



The PECUNIA project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 779292. Further information about the project and this questionnaire can be found at https://www.pecunia-project.eu/

INTRODUCTION

In this questionnaire we are trying to find out about the various **service use, productivity and cost impacts of your health or wellbeing**.

Please read the instructions provided for each question carefully. Questions that can be skipped are clearly indicated. If you have difficulty answering any of the questions, please provide the best answer you can.

Only consider service use and impacts related to your own health and wellbeing.

Responses will be kept confidential and used for research purposes only.

Thank you in advance for helping by completing this questionnaire!



RESIDENTIAL CARE

In this section, we ask you about **your current usual place of accommodation** and the **overnight stays** you have had away from your usual place of accommodation in the **past 3 months.**

A1	What is your current usual place of accommodation? Please tick only one answer. If you are unsure, please tick 'Other' and provide details.
	Own home (e.g. owned or rented flat or house)
	Someone else's home (e.g. parents' or friend's home)
	Dormitory (e.g. boarding school, university residence)
	Paid temporary accommodation (e.g. hotel)
	Emergency shelter (e.g. temporary/short-term shelter for homeless)
	Sheltered housing (e.g. longer-term housing with assistance, supported housing)
	Nursing home (e.g. residential care home with nursing staff)
	Other long-term residential care home
	Therapeutic community home (e.g. temporary group residence for therapeutic purposes)
	Place of detention (e.g. prison)
	On the street
	Other, please specify:



If you of Someo Dormit Paid te Emerge Shelten Nursin Other	tick all answers that apply and indicate the number of nights that are unsure, please tick 'Other' and provide details. ne else's home (e.g. parents' or friend's home) cory (e.g. boarding school, university residence) mporary accommodation (e.g. hotel) ency shelter (e.g. short-term shelter for homeless) red housing (e.g. long-term housing with assistance, support)	you spent in each pla nights nights nights nights nights nights
Dormit Paid te Emerge Shelten Nursin Other	cory (e.g. boarding school, university residence) mporary accommodation (e.g. hotel) ency shelter (e.g. short-term shelter for homeless) red housing (e.g. long-term housing with assistance, support)	nights nights nights
Paid te Emerge Shelter Nursin Other	mporary accommodation (e.g. hotel) ency shelter (e.g. short-term shelter for homeless) red housing (e.g. long-term housing with assistance, support)	nights nights
Emerge Shelter Nursin Other	ency shelter (e.g. short-term shelter for homeless) red housing (e.g. long-term housing with assistance, support)	nights
Shelter Nursin Other	red housing (e.g. long-term housing with assistance, support)	
Nursin Other		nighte
Other		IIIgIIUS
	g home (e.g. residential care home with nursing staff)	nights
Therap	ong-term residential care home	nights
•	eutic community home (e.g. temporary group residence for eutic purposes)	nights
Type o psychia	ent admission 1: f hospital department (e.g. oncology, surgery,	nights
Type o psychia	<u>ent admission 2:</u> f hospital department (e.g. oncology, surgery, atry): n for admission (if known):	nights
Type o psychia	<u>ent admission 3:</u> f hospital department (e.g. oncology, surgery, atry): n for admission (if known):	nights
Reside	ntial palliative/terminal care (e.g. hospice)	nights
Place c	of detention (e.g. jail)	nights
On the	street	nights
Other,	please specify:	nights



NON-RESIDENTIAL HEALTH AND SOCIAL CARE

In this section, we ask you about any **non-residential health and social care services** you have used regarding your health or wellbeing in the **past 3 months**. These services do not involve any overnight stay and may be planned (non-emergency) or unplanned (emergency).

B1	Have you used any non-residential, <u>non-emergency</u> health or so months?	cial care services in the past 3
	These services include, for example, attending a day hospital or d up appointments, scheduled consultations (in person, over the p social worker, participating in a support group, or receiving a spec	phone or online), help from a
	Yes	
	No Please go to question B2	
	I don't know/I would rather not say Please go to question B2	
B1.1	How many times have you used any of the following non-emerg past 3 months? Please tick all answers that apply and indicate the number of days If you are unsure, please tick 'Other' and provide details.	
	Medical day care (e.g. day-patient in hospital, day hospital)	days
	Non-medical day care (e.g. day care centre, social clubs)	days
	Other, please specify:	days



B1.2	How many times have you used any of the following other non-emergency health or social care services in the past 3 months? Please tick all answers that apply and indicate the number of times you have used a given service. If you are unsure, please tick 'Other' and provide details.						
		Face-to-face contacts	Online or telephone contacts				
	Primary medical care (e.g. general practitioner)	times	times				
	Nursing care (e.g. practice nurse, mental health nurse, community nurse)	times	times				
	Dental care (e.g. dentist, orthodontist)	times	times				
	Specialist medical care (e.g. gynaecologist , orthopaedist, psychiatrist) Please specify:	times	times				
	Care by other health care professional (e.g. physiotherapist , psychologist, dietician) Please specify:	times	times				
	Alternative health care (e.g. acupuncturist, homeopath, osteopath) Please specify:	times	times				
	Imaging services (e.g. X-ray, CT, MRI) Please specify:	times	times				
	Laboratory services (e.g. blood test, genetic test) Please specify:	times	times				
	Mobile palliative/terminal care (e.g. at home)	times	times				
	Social care (e.g. social worker, case manager, home help) Please specify:	times	times				
	Other, please specify:	times	times				





B1.3	How many times have you participated in any support or self-help group in the past 3 months?					
	Please tick if applies and indicate the number of times you h	nave participated.				
	If you are unsure, please tick 'Other' and provide details.					
		Face-to-face contacts	Online or telephone contacts			
	Support or self-help group	times	times			
	Other, please specify:	times	times			
B1.4	How many times have you contacted a helpline (phone or online) regarding your health or wellbeing in the past 3 months? Please tick all answers that apply and indicate the number of contacts you had with a given					
	service. If you are unsure, please tick 'Other' and provide de					
	For information (e.g. call to 111)	time	es			
	For support (e.g. related to mental health or domestic viole	ence)time	es			
	Other, please specify:	time				

B2	Have you used any non-residential, <u>emergency</u> health or s months?	ocial care service	es in the past 3					
	These services include, for example, an emergency ambu	lance call or visit	t, a visit to an					
	Accident and Emergency (A&E) department, or contacting a	crisis centre or he	elpline.					
	Yes							
	No Please go to question B3							
	I don't know/I would rather not say Please go to question B3							
B2.1	How many times have you used any of the following emer	gency health or s	ocial care					
	services in the past 3 months?							
	Please tick all answers that apply and indicate the number of contacts you had with a given							
	service. If you are unsure, please tick 'Other' and provide details.							
		Face-to-face contacts	Online or telephone					
		4:	contacts					
	Emergency ambulance service	times	times					
	Emergency medical service	times	times					
	Accident and Emergency (A&E) department	times	times					
	Fire brigade	times	times					
	Crisis centre	times	times					
	Crisis care team	times	times					
	Other, please specify (e.g. mountain rescue):	times	times					



B3	Have you used any vocational services in the past 3 months?	
	Yes	
	No Please go to the next section	
	I don't know/I would rather not say Please go to the next section	
B3.1	How many days have you used any of the following vocational services in the pas months?	t 3
	Please tick all answers that apply and indicate the number of days you used a given	service.
	If you are unsure, please tick 'Other' and provide details.	
	Vocational training (training for a specific type of job that provides a qualification to work in a specific profession, e.g. as an electrical technician)	s
	Sheltered workshop (place of work specially designed to provide a safe environment for people with (mental) disability, unpaid or very low paid)	5
	Integration workplace (place of work promoting the integration and inclusion of people with (mental) disability into a work environment, low paid)	S
	Supported employment programmes	
	(supporting people with some (mental) disability to secure and retain paid employment, normally paid)day	S
	Other, please specify:day	S

B4	Have you received any special transport to attend a planne care services or vocational services in the past 3 months? These transports could include for instance a ride with a no	
	Yes	
	No Please go to the next section	
	I don't know/I would rather not say Please go to the next sec	tion
	health or social care services or vocational services in the Please tick all answers that apply and indicate the numbe If you are unsure, please tick 'Other' and provide details.	•
	Non-emergency ambulance ride	times
	Special transport service (e.g. for special needs)	times
	Other, please specify:	times
C		



PRESCRIPTION MEDICATION

In this section, we ask you about any **prescribed medication** you have taken regarding your health or wellbeing in the **past 3 months**. This could include tablets, capsules, liquids or injections.

C1 Have you used any prescribed medication in the past 3 months?								
	Yes							
	No Please go	to the next section						
I don't know/I would rather not say <i>Please go to the next section</i>								
C 1	L.1 Please list below						onths	
		••		-			e list each dose and	
-	•			-				
			•			le provided space	is not enough, you	
СС	in add further infor							
	Medication name	Medication name Medication type Do		Unit		t en have you taken ven medication?	For how long have	
					thegi	venmedication	you taken the given medication in the	
							past 3 months?	
		tablet/capsule				X per day	<u>pust s montins</u> .	
		cream	50	X mg	2	per week	12 🗙 day(s)	
	Example:	liquid		g ml	2	per month	week(s)	
	Zoloft	injection		other	times	as needed	month(s)	
		other		other		other:		
		tablet/capsule		mg		per day		
		cream		g		per week	day(s)	
1		liquid	\frown	ml		per month	week(s)	
		injection other		other	times	as needed other:	month(s)	
-		tablet/capsule				per day		
		cream		b mg		per week	day(s)	
2		liquid		g		per month	week(s)	
-	•••••	injection		ml other	times	as needed	month(s)	
		other		other		other:		
		tablet/capsule		mg		per day	_	
		cream		g		per week	day(s)	
3				ml		per month	week(s)	
		injection other		other	times	as needed other:	month(s)	
-		tablet/capsule	<u> </u>	_		per day		
		cream		mg		per week	day(s)	
4		liquid		g		per month	week(s)	
-		injection		ml other	times	as needed	month(s)	
		other		other		other:		
	J	tablet/capsule		mg		per day		
		cream		g		per week	day(s)	
5		liquid		ml		per month as needed	week(s)	
		injection other		other	times	other:	month(s)	
-		tablet/capsule	<u> </u>	_		per day		
		cream		mg		per week	day(s)	
6		liquid		g		per month	week(s)	
0		injection		ml other	times	as needed	month(s)	
		other		other		other:		



INFORMAL HELP

In this section, we ask you about any **informal help** (unpaid) you received from your family, friends, and/or neighbours because of your health or wellbeing in addition to the usual in the **past 3 months**.

Such additional informal help can include, for example, helping with food preparation, eating and drinking, washing, bathing, dressing, medication, mobility around the house, mobility outside the house, housekeeping, shopping, or looking after someone (e.g. your child) instead of you.

D1	On average, how many hours of additional informal help have you received weekly because of your health or wellbeing in the past 3 months? If none, please enter 0.
	hours per week Please go to the next section
	I don't know/I would rather not say Please go to the next section



EDUCATION

In this section, we ask you about your **education**, any difficulties you have faced in completing your education (e.g. missing school or repeating a year), and your use of any education support services (e.g. tutoring or remedial teaching) regarding your health or wellbeing in the **past 3 months**.

What is the highest level of education you have completed?				
Primary education or lower				
Lower secondary education				
Upper secondary education				
Post-secondary non-tertiary education				
Short-cycle tertiary education				
Bachelor's degree or equivalent level (e.g. BSc, BA)				
Master's degree or equivalent level (e.g. MSc, MA, Mag)				
Doctoral degree or equivalent level (e.g. Dr, PhD)				
Other, please specify:				
Have you been a student in the past 3 months?				
Being a student means that you are enrolled in an educational facility (either full-time or part-				
time) and receive education on a regular basis. Special education addresses students'				
individual needs (e.g. learning/physical/developmental disabilities).				
Yes, in a special education day school				
Yes, in a day school				
Yes, in a special education boarding school				
Yes, in a boarding school				
Yes, in a higher education school (e.g. university, college, vocational school)				
No Please go to the next section				

- I don't know/I would rather not say Please go to the next section
- Other, please specify:

E3	Have you had problems with completing your education because of your health or wellbeing
	in the past 3 months?
	Please tick all answers that apply.
	Yes, Thad to stop my education
	Yes, I had a study delay (e.g. I had to repeat a year)
	Yes, I had to change to a lower education level
	Νο
	I don't know/I would rather not say
	Other, please specify:



E4	Have you missed any days of education because of your health or wellbeing in the past 3 months? Please only consider the days when you were not able to participate in classes.	
	Yes, I have missed school days	
	No	
	I don't know/I would rather not say	

E5	Have there been days when you were bothered by health or wellbeing problems at school in the past 3 months?
	Yes, for days
	No
	I don't know/I would rather not say

E6	Have you used education support services because of your h months?	ealth or wellbeing in the past 3
	This includes any additional educational support you have a additional lessons.	eceived, for example, tutoring,
	Yes	
	No Please go to question E7	
	I don't know/I would rather not say Please go to question E7	
E6.1	On average, how much education support services did you use weekly in the past 3 months?	
		Number of hours per week
	Education support at your place of study	hours
	Education support in a private setting (e.g. private tutoring)	hours
	Other, please specify:	hours

E7	Have you received any special transport to attend education in the past 3 months? Please consider any special transport service you needed for your educational appoin These transports could include for instance a ride with an arranged taxi service.		
	Yes		
	No Please go to the next section		
	I don't know/I would rather not say Please go to the next section		
E7.1	How many times have you received special transport to attend education in t months? Please tick all answers that apply and indicate the number of times you used a given you are unsure, please tick 'Other' and provide details.	-	
	Special transport service (e.g. for special needs)times		
	Other, please specify:times		



WORK

In this section, we ask you about your **work, paid and unpaid,** and any difficulties you might have faced with your work performance regarding your health or wellbeing in the **past 3 months.** Unpaid work includes, for example, household tasks, childcare, or voluntary work.

F1	Have you been doing any paid work in the past 3 months?	
	Yes, as a full-time employee	
	Yes, as a part-time employee	
	Yes, as a self-employed person	
	Yes, other, please specify:	
	No, I was on long-term sick leave Please go to question F5	
qu No	No, I was on long-term leave for other reasons (e.g. maternity leave, study leave) <i>Please go to question F5</i>	
	No, I do not do paid work (e.g. student, retired, homemaker, volunteer) Please go to question F5	
	No, I am unemployed Please go to question F5	
	No, other, please specify: Please go to question F5	
	I don't know/I would rather not say <i>Please go to question F</i> 5	

F2 On average, how many hours of paid work do you usually do a week? Please indicate the average hours per day worked (between 1-24 hours) and the number of days you usually work per week (between 1-7 days) separately.

I work ______ hours per day, _____ days per week.

F3	Have you missed any pa	aid work because of your health or well-being in the past 3 months?
	No	
	Yes, I have missed	work days in the past 3 months.

F4	F4 Have you had any days when you worked but your work performance was negatively affected		
	because of your health or wellbeing in the past 3 months?		
	If yes, please also indicate by how much your work performance was on a 0-100% scale		
	(0%= I was not able to work at all, 100%= I could work as usual).		
	No		
	Yes, I have had work days when my performance was negatively affected. On these days,		
	my work performance has been% of the usual.		



F5 On average, how many hours of unpaid work (e.g. household tasks, childcare, or voluntary work) do you usually do <u>a day</u>? If none, please enter 0.

I usually do unpaid work for _____ hours a day.

F6	Have you had any days when you were not able to do your unpaid work because of your health or wellbeing in the past 3 months?	
	No	
	Yes, I was not able to do my unpaid work for days in the past 3 months.	

SAFETY AND JUSTICE SYSTEM

In this section, we ask you about your contacts with the safety and justice system (e.g. police, lawyers) in the past 3 months. These contacts might have occurred due to litigations you have been involved in, incidents or crimes that have affected you as a victim, and/or any crimes that you have committed.

G1	Have you had any contact with the police in the past 3 months?	
	Please only consider a face-to-face contact either at a police station or somewhere. Emergency	
	phone calls (e.g. 112 or 999) are excluded.	
	Yes, number of contacts:	
	No	
	I don't know/I would rather not say	

G2	Have you used legal services (e.g. contact with a lawyer) in the past 3 months?	
	This could be a face-to-face meeting, an online consultation or a phone call with someone	
	working in legal services.	
	Yes, number of times:	
	No	
	I don't know/I would rather not say	

G3	Have you been to court in the past 3 months?		
	Please note that this could be in any role (e.g. victim, witness or defendant).		
	Yes,	time(s) for civil law (e.g. for a divorce)	
	Yes,	time(s) for criminal law	
	No		
	I don't know/I would rather not say		

i4	Have you been confined anywhere involuntarily (e.g. in a prison, police station or secure	
	psychiatric hospital) in the past 3 months?	
	This means that you were not free to leave.	
	Yes	
	No Please go to question G5	
	I don't know/I would rather not say Please go to question G5	
G4.1	How many nights were you confined involuntarily in the	e past 3 months?
C		Number of nights
	Police station/place of detention (e.g. prison)	nights
	Secure hospital/secure psychiatric institution	nights
	Other, please specify:	nights



G4.2	How many hours did you spend in confinement on days where you were only confined for part of the day (i.e. did not spend the night there)? Please note that we are only asking about times when you were confined and then released on the same day.	
		Number of hours
	Police station/place of detention (e.g. prison)	hours
	Other, please specify:	hours

G5	Have you been a victim of or involved in theft in the past 3 months?		
	Yes		
	No Please go to question G6		
	I don't know/I would rather not say Please go to question G6		
G5.1	How often did the following happen related to theft in the past 3 months?		
		Number of times	I was involved as
	Stealing without violence (e.g. theft, pickpocketing)	times	Victim Perpetrator Both Victim
	Stealing with violence (e.g. robbery)	times	Victim Perpetrator Both I would rather not say

G6	Have you been affected by property damage (vandalism) in the past 3 months?
	Yes
	No Please go to question G7
	I don't know/I would rather not say Please go to question G7
C	



G6.1 How often have you been affected by the following acts of property damage in the past 3 months? Number of times I was involved as... Victim Damage to a car (e.g. it was scraped with a Perpetrator times key or the windows were smashed) Both I would rather not say Victim Perpetrator Minor damage to a home (e.g. graffiti) times Both I would rather not say Victim Perpetrator Major damage to a home (e.g. it was times burned down) Both would rather not say Victim Perpetrator times Other, please specify: _ Both I would rather not say 67 ...

G7	Have you received any special transport for your legal the past 3 months?	appointments (e.g. court session) in
	Please consider any special transport service you needed for your legal appointments (e.g. court sessions). These transports could include for instance a ride in a police car.	
	Yes	
	No Please go to the next section	
	I don't know/I would rather not say Please go to the next	section
G7.1	How many times have you received special transport for	or your legal appointments (e.g. court
	sessions) in the past 3 months?	
	Please tick all answers that apply and indicate the number of times you used a given service.	
	If you are unsure, please tick 'Other' and provide details.	
	Ride in a police car	times
	Inmate transport	times
	Other, please specify:	times



PRIVATE EXPENSES

In this section, we ask you about private expenses you and your family have incurred regarding your health or wellbeing in the **past 3 months**. These could include paying for private health insurance, health and social care out-of-pocket payments, paying for help with something you were not able to do on your own, such as cleaning or personal care, buying something (e.g. a wheelchair or walking frame), or modifying your home to help with mobility.

H1	How was your health and social care paid for in the past 3 months? Please tick all answers that apply. If you are unsure, please tick 'Other' and provide details.	
	Public or social health insurance	
	Private health insurance	
	Paid out-of-pocket	
	Other, please specify:	
	I don't know/I would rather not say	
H2	In total, how much have you and/or your family spent privately regarding your health or wellbeing in the past 3 months?	
	Please estimate total expenses for the following goods and services in the past 3 months.	
	Consider only private expenses where you/your family have not been and will not be	

Consider only private expenses where you/your family have not been and will not be reimbursed. Please tick all answers that apply and indicate the expenses for these as relevant.

	Total private expenses
Private health insurance	£ (GBP)
Residential care services	£ (GBP)
Non-residential care services	£ (GBP)
Prescription medication	£ (GBP)
Education support services	£ (GBP)
Safety and justice system services	£ (GBP)
I don't know/I would rather not say	



H3	Have you and/or your family incurred any other private expenses regardi wellbeing in the past 3 months?	ng your health or	
	Please estimate total expenses for the following goods and services in the past 3 months.		
	Consider only private expenses for which you/your family have not been an		
	reimbursed. Please tick all answers that apply and indicate expenses for these as relevant.		
		private expenses	
	Cleaning or housekeeping assistance required because of your health or wellbeing	£ (GBP)	
	Paid childcare while you are attending appointments or temporarily away due to your health or wellbeing	_ £ (GBP)	
	Complementary approaches to healthcare such as (online) self- help, diet and nutrition, expressive therapies (e.g. dance, drama, music or poetry therapy), stress reduction and relaxation techniques (gym, yoga, mindfulness meditation)	 (GBP)	
	Holistic healing activities from someone other than a qualified healthcare professional, such as Ayurveda treatment, ceremonies, chanting	£ (GBP)	
	Durable goods such as wheelchairs, rollators or walkers, bathroom accessories (e.g. non-slip mat, bathing chairs, shower handrails), nightlights, emergency alarms, adjustable beds, special telephones	£ (GBP)	
	Non-durable goods (intended to be used for a short period of time), such as (disposable) swabs, dressing material	£ (GBP)	
	Refurbishment of your home because of your health or wellbeing	£ (GBP)	
	Change of your residence/living arrangements or change to your type of accommodation (e.g. moving from an independent house in the community to an institutional care setting) because of your health or wellbeing	_ £ (GBP)	
	Cancellation or postponement of your holiday because of your health or wellbeing	_ £ (GBP)	
	Informal carer's hotel costs when they accompany you when you travel, or the cost of respite care when those normally assisting you are away or otherwise unavailable	£ (GBP)	
	Over-the-counter medication	_ £ (GBP)	
	Therapeutic pets (e.g. guide dog)	£ (GBP)	
	Transport because of your health or wellbeing Please consider only transport that concerns activities not listed before in the questionnaire	_ £ (GBP)	
	I don't know/I would rather not say:		



FINAL REMARKS



12	If you have any comments regarding completing this questionnaire, please share them with
	us below.

Thank you for helping by completing this questionnaire!

